## FACT SHEET: GAMBLING IN COLLEGE STUDENTS

## 75% OF COLLEGE STUDENTS PLACE A BET EACH YEAR

Card Games
Sporting Events
Lottery & Scratch Tickets

Casino Games
Fantasy Sports
Online Gambling (including Online Poker)

GAMBLING PROBLEMS IN COLLEGE STUDENTS ARE ASSOCIATED WITH:

Feelings of Guilt and Depression

Low Social Support

Risky Sexual Behaviors

Debt

Suicidal Ideation

Up to 18% of college students with gambling problems attempt suicide.

10% of college students have gambling problems.

## WHAT CAN YOU DO?

Have the conversation!
Talk with college students about gambling and its risks.

Encourage students with concerns to call the gambling helpline (1-888-789-7777) or text (847-973-5684).

Help those with problems get treatment (www.ct.gov/dmhas/pgs).

Ask college administrators to raise awareness of and address gambling on campuses. RATES OF GAMBLING PROBLEMS ARE HIGHER IN COLLEGE STUDENTS THAN ADULTS

Student athletes are prone to gambling and problem gambling.

Students who smoke, drink, or use other drugs have high rates of gambling problems.

Proximity to a casino is associated with rates of gambling problems in college students.

