

Coordinated by the Region 5 Suicide Advisory Board

WHAT IS POSTVENTION? TRAINING

Postvention refers to activities that reduce risk and promote healing after a suicide death. It is essential that we prepare for postvention before a suicide happens.

By the end of this training session, participants will have

- Discussed concepts including suicide postvention, survivor of suicide loss, and SPIN
- Used safe messaging guidelines to mitigate risk for contagion
- Shared examples of the four overarching tasks of a SPIN to promote safety within a community experiencing a loss

Who should join?

People looking to learn suicide postvention basics and engage with local community response efforts.

NOVEMBER 29, 2023

10:00AM-12:00PM

**MIDDLEBURY POLICE DEPARTMENT
COMMUNITY ROOM**

200 Southford Road
Middlebury, CT 06762

**Experience with Question, Persuade, Refer (QPR) or other suicide prevention training is recommended but not required to participate.*

**Complimentary coffee and boxed lunch provided!*

REGISTER [HERE](#)

