



Question, Persuade, Refer (QPR)

A comprehensive summary of suicide prevention gatekeeper training in 2022

992

total individuals trained

69%

increase in participants from 2021

41

total trainings conducted

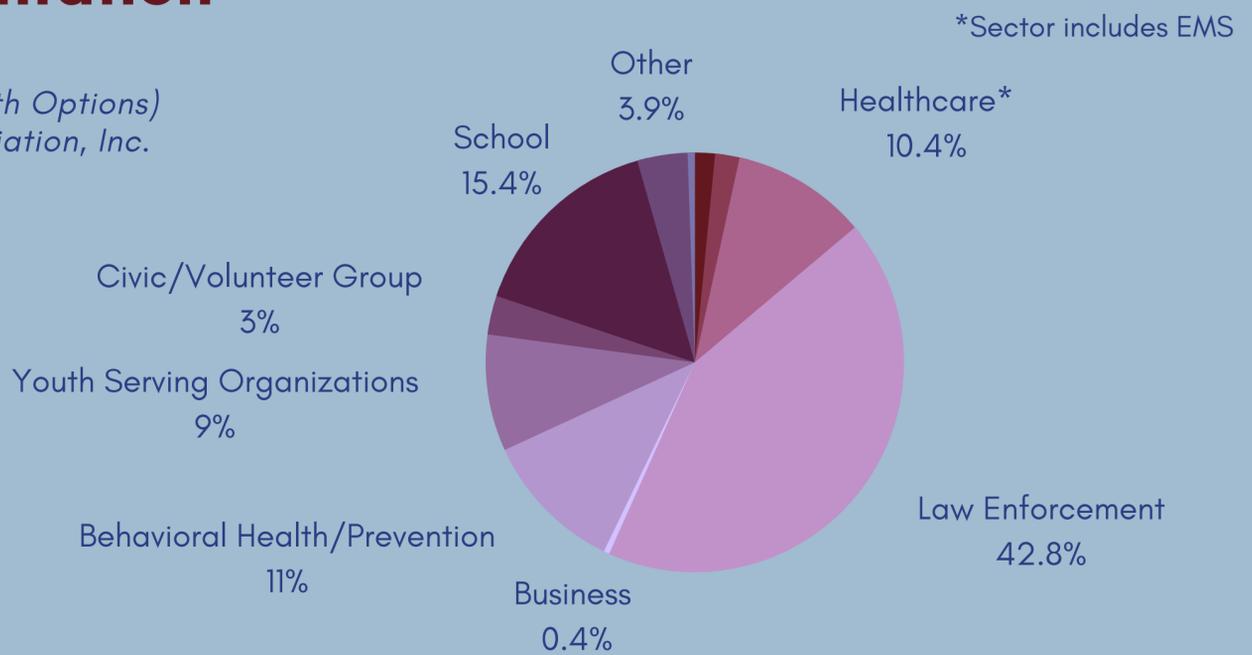
96%

of participants would recommend QPR to others

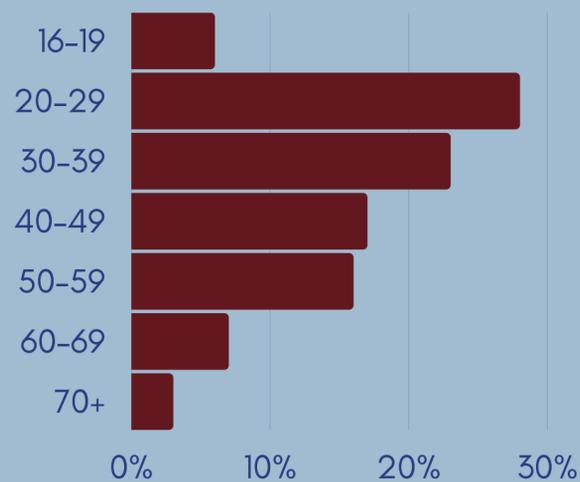
Sector Representation

Partnerships included:

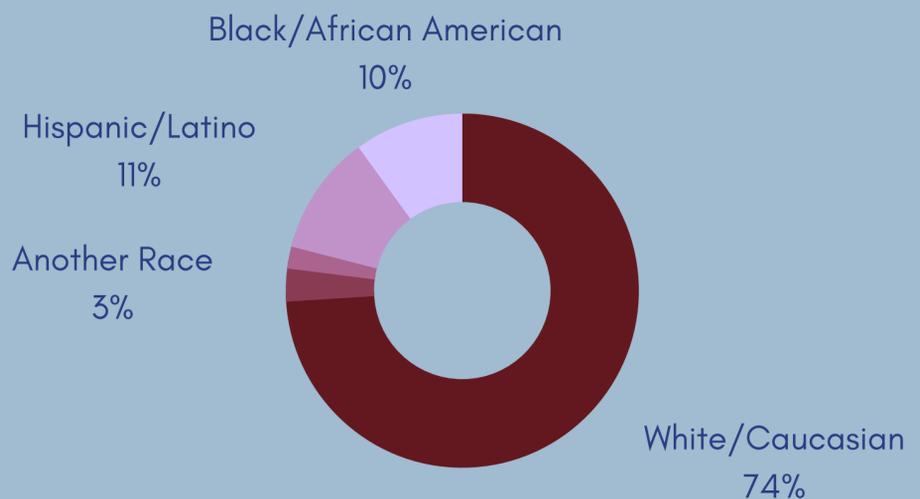
Carelon (formerly Beacon Health Options)
CT Recreation and Parks Association, Inc.
Local high schools
Waterbury Police Department
Local colleges & universities



Age



Race/Ethnicity



Post-training Survey Results



72% or more report high knowledge of suicide on each measure

81% report high knowledge about how to ask someone about suicide

68% feel it is likely they would ask someone if they are thinking of killing themselves, doubling the **34%** reported on the pre-training survey

"The host was very informative and brought real life examples and situations that could occur in our everyday living for families, friends and even colleagues. Resources were excellent and the overall presentation was outstanding."

"This was great! I appreciate how this helped me feel less stigma about talking through suicide risk and prevention. It also gave me more confidence to trust my instincts about how to broach the issue and how to find the words to do so."

