

Powered Up

Keeping video gaming fun
and healthy for everyone!



**An educational one hour webinar
for parents, grandparents, and
caregivers.**

Participants will learn:

- the prevalence and impact of gaming in the U.S.
- to identify the differences between healthy gaming and problematic gaming
- about Powered Up, a free program designed to help families find balance with gaming

Thursday, December 1
6PM to 7PM
on Zoom

REGISTER HERE

sponsored by the Region 5 Problem
Gambling Awareness Team


WESTERN CT COALITION
promoting best practices in prevention and behavioral health

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