FACT SHEET: TEENS & GAMBLING

68% of teens place a bet each year.

TEENS MOST COMMONLY GAMBLE ON:
- Card Games
- Pools
- Lottery/Scratch Tickets
- Sports
- Games of Skill
- Fantasy Sports Games

IF TEENS GAMBLE, THEY ARE...
- 3 times more likely to drink alcohol
- 4 times more likely to smoke cigarettes
- Twice as likely to use illegal drugs
- 2 times more likely to be in a fight
- 4 times more likely to get in trouble with the police

IF TEENS GAMBLE, THEY ARE...
- 3 times more likely to drink alcohol
- 4 times more likely to smoke cigarettes
- Twice as likely to use illegal drugs
- 2 times more likely to be in a fight
- 4 times more likely to get in trouble with the police

PROBLEMS WITH GAMBLING CAN EXTEND TO OTHER AREAS:
- Feelings of guilt, stress, worry or sadness
- Loss of friendships
- Low grades in school
- Alcohol and drug use
- Legal difficulties
- Suicidal ideation

HOW CAN YOU HELP?
- Look for signs:
  - Borrowing or taking money without permission
  - Sudden or unexplained irritability
  - Desperation to win back lost money
  - Talk with them about it!
  - Encourage them to call the gambling helpline (1-888-789-7777) or text (847-973-5684).
- Help them get into treatment.

Treatment for Gambling Works! Over 75% of persons treated reduce their gambling substantially.

FOR MORE INFORMATION, PLEASE VISIT CONNECTICUT'S STATEWIDE PROBLEM GAMBLING SERVICES WWW.CT.GOV/DMHAS/PGS