



## **Our Mission**

New Fairfield Prevention Council promotes positive, safe, and healthy lifestyles within New Fairfield, CT.

We foster dialogue, raise awareness, and educate the community on substance use, suicide prevention, and mental health. We engage with youth, families, and all community members through creative, innovative programs to build safe and healthy neighborhoods.

## **Our Partners and Funders**

- Western CT Coalition, the Regional Behavioral Health Action Organization
- The Department of Mental Health and Addiction Services
- The Town of New Fairfield
- New Fairfield Social Services
- New Fairfield Senior Center
- Congregational Church of New Fairfield
- New Fairfield Free Public Library
- Community Service Club of New Fairfield
- New Fairfield Youth Commission
- New Fairfield Lions Club

## **Our Projects**

- Mental health awareness postcard to all households in New Farfield
- QPR Suicide Prevention Gatekeeper trainings
- NFHS Student Survey
- Youth vaping prevention- newsletters, Town Tribune ads and articles
- DEA Drug Take Back Days with New Fairfield PD
- Prom 101 cards for parents and students
- Educational Parent Presentations
- Chris Herren speaking engagements and Herren Wellness Week
- Mental Health First Aid Training
- Notepad "To Do" List with suggested family activities in town
- NFPC yearly scholarship and funding for the Post Grad Party
- Articles and programs to promote the 40 Developmental Assets
- Donation of books to the New Fairfield Library that promote behavioral health wellness including Gizmo's Pawesome Guide to Mental Health
- Statewide Opioid Response initiatives including:
  - · Opioid overdose prevention and naloxone administration trainings
  - Interacting with local pharmacies and providers in town about the Prescription Drug Monitoring Program
  - · Addressing stigma related to substance misuse, paving the way for those who need to seek treatment
  - Safe disposal and storage of medications with distribution of Deterra bags for disposal
  - Engaging with seniors about medication safety and lockbox giveaways

## **Our Membership and Supporters**

Liz Yoho\*- Chairperson Craig David Rosen\*- Treasurer Kate Planz\*- Secretary Cille Grabert\* Kathy Hanley\* Cindy White\*

First Selectman Pat DelMonaco Selectman Khris Hall Principal James D'Amico, NFHS Principal Christine Baldelli, NFMS Superintendent Pat Cosentino

\*members

If you are interested in helping promote a happy, healthy, and resilient New Fairfield, join us! All members of the Community are welcome. There are many ways to get involved.

Contact us at: newfairfieldpreventioncouncil@gmail.com

Look for us on the community page of the Town of New Fairfield website